



Cyclists of Greater Seattle



Riding for Fun, Friends, and Adventure.

Perimeter Ride of Seattle PROS

Labor Day, Monday, September 1, 2014

Check-in: 8:00 am Departure: PROS-8:30, PROS Lite 8:45
Discovery Park, North Parking Lot

Online Registration: wabikes.org/event-ride/pros2014

This is a challenging and beautiful ride around the border of our city. This is an invitational club ride *where you can get to know us and perhaps become a member.*

The ride is led by club members in groups of 10 to 20 and generally done as a stay-together ride. There will be a fully stocked lunch stop and two rest stops.

There are several paces and levels:

PROS: 86 miles—includes hills and beautiful water passages.
Strenuous and moderate paces.

PROS Lite: 56 miles around the city's south end. Still hilly and beautiful water passages.
High moderate and low moderate paces.

DRAWINGS — All pre-registered riders are entered into a drawing for a 2014 Washington Bikes Jersey and a drawing for a personalized Andy Goulding bike sketch.

BENEFIT: Washington Bikes

Pre-registration by Monday, August 25, 2014: \$35

Registration after August 25: \$40

ALL proceeds donated to Washington Bikes!

COGS Website, Additional Ride Info & Cue sheet:
www.cyclistsofgreaterseattle.org/COGSContentPages/FramePROSinfo

